



# Roeper Summer Camp

# 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 MAIN MEAL SELECTION	All Beef Hot Dog on Whole Wheat Bun Mac & Cheese Peas	Chicken Nuggets Tater Tots  Green Beans	Hamburger Whole Wheat Bun Smiley Fries Carrots	Penne Pasta w/Marinara Sauce Bread Sticks Green Beans	French Toast Turkey Sausage Tater Tots
WEEK 1 VEGETARIAN MEAL SELECTION	Macaroni & Cheese Peas	Veg Nuggets Tater Tots  Green Beans	Veggie Burger- Whole Wheat Bun Smiley Fries Carrots	Penne Pasta w/Marinara Sauce Bread Sticks Green Beans	French Toast Veg Sausage Tater Tots
WEEK 2 MAIN MEAL SELECTION	Chicken Corndogs Mac & Cheese  Corn	Pancakes Turkey Sausage Tater Tots	Sweet & Sour Popcorn Chicken Vegetable Fried Rice Carrots	Breaded Chicken Patty On Whole Wheat Bun Smiley Fries Corn	Pizza Day-  Slice of Cheese Pizza
WEEK 2 VEGETARIAN MEAL SELECTION	Macaroni And Cheese Corn	Pancakes Veggie Sausage Tater Tots	Veg Nuggets Vegetable Fried Rice Carrots	Macaroni And Cheese Corn	Pizza Day-  Slice of Cheese Pizza

Menu subject to change

## Also Available Daily: SALAD PLATTER

Romaine Lettuce  
Cucumbers, Cherry Tomatoes  
Hard Boiled Eggs, Cheese Sticks  
Red Grapes, Orange Slices  
Baby Carrots, Celery Sticks  
Fat Free Ranch Dressing

## SANDWICHES

WOW Butter & Jelly Sandwiches  
Served on Whole Wheat

## BEVERAGES

100% Juice Boxes  
1% Chocolate Milk  
1% White Milk

## DESSERT

For Allergy and Nutritional  
information  
Please Visit  
[Roeper.Nutrislice.com](http://Roeper.Nutrislice.com)